



Your invitation to attend the following **FREE** educational event hosted by Medical Update:

# Diagnosing and Managing Inflammatory Arthritis in Primary Care

**Date:** Wednesday 6<sup>th</sup> March 2019

**Speaker:** Dr Zoe Ash  
Consultant Rheumatologist  
Bradford Teaching Hospitals NHSFT



**Venue:** Sovereign Lecture Theatre  
Bradford Royal Infirmary  
Bradford  
BD9 6RJ

Zoe Ash graduated from the University of Nottingham then moved to Yorkshire to undertake rheumatology specialist training. As part of the training she completed an MD at the University of Leeds looking at the pathogenesis of psoriatic arthritis and in particular psoriatic nail disease. She started in Bradford as a rheumatology consultant in 2013 and covers general rheumatology with an interest in the seronegative spondyloarthropathies (psoriatic arthritis and ankylosing spondylitis) as well as osteoporosis.

Zoe will present on:

- Assessing early inflammatory arthritis clinically
- Different types of inflammatory arthritis
- What tests may be useful in primary care
- Management of early inflammatory arthritis in primary care
- The Early Arthritis Clinic at St Luke's – how the service works and who we want to see
- Key information we are grateful for on referrals
- Our aims in the management of rheumatoid arthritis
- An overview of DMARDs and biological drugs - what you need to know
- Management of flares

## Agenda

6.30pm Registration

7.10pm Welcome and Introduction - Dr Adil Suleman

7.15pm Diagnosing and Managing Inflammatory Arthritis in Primary Care - Dr Zoe Ash

8.15pm Evaluation & Finish

If you would like to attend, please register at

[www.medicalupdate.co.uk](http://www.medicalupdate.co.uk)

This meeting is FREE to attend and is open to GPs and Advanced Nurse Practitioners working in West Yorkshire